Find Your Strength

Music	Creative Arts	Movement	Academic Subjects
Playing an instrument, singing, writing songs	Painting, drawing, sculpture, graphic art, cooking, sewing, fashion, knitting	Sports, dancing, martial arts, cheerleading, yoga	Science, math, history, literature, geography, reading, speech
Building Woodworking, construction, architecture	**Nature/Outdoor Recreation** Fishing, hunting, camping, bicycling, hiking	**Entrepreneurship** Business, marketing, inventing things	**Leadership** Peace building, student government, politics
Teaching Mentoring, tutoring or teaching, reading to or with someone	**Nature** Exploring nature, wildlife, gardening, environment protection	**Comedy** Making people laugh, jokes, writing sketches	**Computers** Software development, programming, repair, web page design
Mechanics Electronics or machine repair, auto repair	**Journalism** Writing, news-casting, newswriting, news editing, radio & TV production	**Drama/Theater/Comedy** Acting, directing, theater lighting or set design, man	**Photography & Film** Taking pictures, filmmaking, animation

Choose Your Cause

If you have already identified your issue, that is your cause, and you can skip this step.
The following are examples of causes. Remember, your cause may not be listed below.

Education	Bullying/Violence	Dropouts	Disasters
Recruit and train _____ volunteer readers, tutors, and mentors.	Reduce bullying and/or violence in school and communities by _____ %	Encourage _____ students to stay in school.	Help _____people to prepare for a disaster.
Safe Driving Educate _____ people about the dangers of distracted or unsafe driving.	**Water** Restore or protect _____ bodies of water.	**Reduce, Reuse, Recycle** Keep _____ pounds of glass, metal, plastic, or paper out of landfills.	**Energy** Help your community reduce its energy use and carbon footprint by ___%.
Trees Increase the earth's tree cover by planting _____ trees.	**Green Space** Create _____ square feet of green spaces or community gardens.	**Veterans & Military Families** Help __military families.	**Obesity** Increase physical activity and healthy eating in _____ people.
Economic Opportunity Organize a job skills training for ___ people.	**Healthy Babies** Prevent premature birth and improve the health of ___ moms/babies.	**First Aid** Work with the Red Cross to train ___ people in CPR/first aid skills.	**Hunger** Provide food for _____ people.